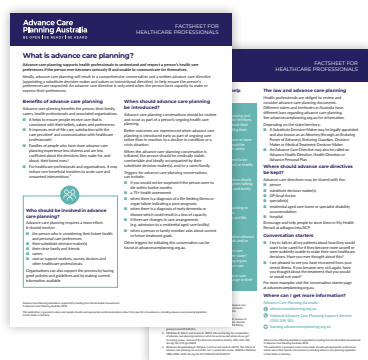


How to do Advance care planning

A QUICK GUIDE FOR HEALTH PROFESSIONALS



Advance care planning should be a routine part of clinical practice, but it can be challenging to know where to start. This quick guide for health professionals identifies resources to assist you to support the people you care for to plan for their future health care.



Advance Care Planning Australia provides nationally relevant information to support learning about advance care planning. *What is Advance Care Planning? A factsheet for healthcare professionals* provides essential information about the practical implementation of advance care planning.

➔ [What is Advance Care ? A factsheet for healthcare professionals](#)

Advance Care Planning Australia
BE OPEN | BE READY | BE HEARD

Advance Care Planning Australia has a range of online learning resources to support health professionals and care workers with advance care planning discussions.

➔ [Advance Care Planning Australia online courses](#)

Starting a conversation with patients

Advance Care Planning Australia
BE OPEN | BE READY | BE HEARD

The *Starting a conversation with patients* video from Advance Care Planning Australia explains when and how to start an advance care planning conversation with the people you care for.

➔ [Starting a conversation with patients](#)

ELLC End of Life Law for Clinicians

End of Life Law for Clinicians' free online training modules for medical practitioners, nurses, and allied and other health professionals discuss the law on Advance Care Directives, capacity and consent to medical treatment, substitute decision-making, and other topics.

➔ [End of Life Law for Clinicians' online training modules](#)



The *End of Life Law in Australia* website provides comprehensive information about the law on Advance Care Directives and substitute decision-making in all Australian States and Territories.

➔ [End of Life Law in Australia](#)



The Australian Centre for Health Law Research and Advance Care Planning Australia offer guiding principles for health professionals to help them navigate conversations about voluntary assisted dying where these arise in Advance Care Planning discussions.



Navigating the topic of Voluntary Assisted Dying in Advance Care Planning Conversations: Guiding Principles for Health Professionals



Filmed on Groote Eylandt, Palliative Care Australia's *Discussing Choices – Indigenous Advance Care Plans – A Learning Resource* is a culturally safe and practical video for health professionals and Aboriginal and community workers on how to support and complete advance care plans for end of life care in Indigenous communities. It also outlines the importance and benefits of planning for Aboriginal and Torres Strait Islander people.



Discussing Choices: Indigenous Advance Care Plans – A Learning Resource



The Advance Project: Quick guide for introducing advance care planning in routine consultations in General Practice supports GPs and other health professionals to initiate conversations about advance care planning. To access this resource register for The Advance Project.



The Advance Project: Quick guide for introducing advance care planning in routine consultations in General Practice



The Advance Care Planning screening interview tool is a step-by-step guide, with exemplar questions and prompts, for nurses and other health professionals for initiating conversations about advance care planning. There is an electronic version that can be incorporated into general practice software and used as a record of the initial advance care planning conversation. To access this and other advance care planning resources and training register for The Advance Project.



The Advance Care Planning screening interview tool



The Advance Project Dementia provides a suite of free resources and training to enable health professionals working in aged and primary care to start conversations about advance care planning with people living with different stages of dementia. These resources also support conversations with family members and substitute decision-makers of people living with dementia who no longer have capacity to make advance care planning decisions. To access the free resources and training visit The Advance Project.



The Advance Project Dementia